

		3rd Sep 22nd in Ordinary Time	10th Sep 23rd in Ordinary Time	17th Sep 24th in Ordinary Time	24th Sep 25th in Ordinary Time	1st Oct 26th in Ordinary Time	8th Oct 27th in Ordinary Time	15th Oct 28th in Ordinary Time	22nd Oct 29th in Ordinary Time	29th Oct 30th in Ordinary Time	5th Nov 31st in Ordinary Time	12th Nov 32nd in Ordinary Time	19th Nov 33rd in Ordinary Time	26th Nov Sunday before Advent
Bassenthwaite	11:00 am	@ Seascale 3:00 pm		Davies		Sharpe		Rayson			Holliday		K Saunders	
Brigham	10:00 am	@ Seascale 3:00 pm	P Saunders HC	A Bounds	Powell Davies	SkinnerHF	@ Cleator Moor 3:00 pm	Amev	KendallHC	Hasson	Pateman	Local Arrangement	Reynolds	Sharpe
Cleator Moor	11:00 am	@ Seascale 3:00 pm	Local Arrangement	Harold HF	A Bounds	K Saunders	Circuit Service 3:00 pm	Pateman	Kilworth-Mas HC	Gray	Sharpe	Local Arrangement	A Bounds	Rayson
Cockermouth	10:30 am	Local Arrangement	Local Arrangement	P Saunders	Kendall HC	Reynolds	Colin Higginbottom	Davies	Harold HC	K Saunders	Beckham	Sharpe	Eco Themed Service	Pateman
Dearham at St Mungo's	10:30 am			Holliday				Harold HC					Rayson	
Egremont	11:00 am	@ Seascale 3:00 pm	Kilworth-Mas HC	K Saunders HF	Wilson J	Hasson HC	@ Cleator Moor 3:00 pm	Christian	A Bounds	Local Arrangement	Wilson J	United Service REM/@Ang	Davies	Local Arrangement
Ennerdale	9:00 am	Banks HC		Parker HC		Parker HC/HF		Gray HC		Parker HC / 10:30 am	Parker HC	Parker REM / 2:30 pm	Parker HC	
Flimby at St Nic	11:00 am				Christian				Reynolds HC					Reynolds
Frizington	10:30 am	@ Seascale 3:00 pm	K Saunders HF / YP / 1pm	Powell Davies	Dixon	Tebbutt HC	@ Cleator Moor 3:00 pm	K Saunders	Wilson J	Local Arrangement HCC / 1pm	A Bounds	Dixon HC	Amev	Harold
Great Clifton	10:00 am	@ Seascale 3:00 pm	Harold HC	Beckham	Local Arrangement	Holliday	@ Cleator Moor 3:00 pm	Kilworth-Mas	Sharpe	Skinner	Reynolds HC	Local Arrangement	Wilson J	Fearon
Gosforth at St Mary's	6:30 pm	@ Seascale 3:00 pm		P Saunders AA		Hasson		Harold AA			K Saunders		Tebbutt AA	
Harrington	11:00 am	@ Seascale 3:00 pm	Pateman	Kilworth-Mas HC	Local Arrangement	Harold HF	@ Cleator Moor 3:00 pm	Wilson J	Local Arrangement	Reynolds HC	Amev	Christian	Fearon	Davies
Hensingham	11:00 am	@ Seascale 3:00 pm	Christian	Local Arrangement	Pateman HF	Rayson	@ Cleator Moor 3:00 pm	Powell Davies	Hasson	Dixon Tr / HC	K Saunders	Whitehaven URC REM	Adamson WL	Beckham
Keswick	10:30 am	Local Arrangement	Reynolds HC	Hasson HF	P Saunders	Kilworth-Mas HC	Local Arrangement	Sharpe	Pateman	Holliday	Hasson HC	Powell Davies	Harold	Christian
Kirkland	11:00 am	Cafe Worship CW	Cowan HC	DixonTr	Parker HC	Parker AA / HF	Parker HC	Gray	Parker HC		Parker CW	Parker HC / REM	Tebbutt	Parker HC
Lamplugh	9:00 am		Cowan HC		Parker HC		Parker HC HF 7:00pm Plough Blessing		Parker HC			Parker REM / 10:30 am		Parker HC
Maryport	11:00 am	@ Seascale 3:00 pm	Wigton	Rayson	Harold HF	Davies	@ Cleator Moor 3:00 pm	Rev N Price- Tebbutt CA	Local Arrangement	Christian	Kilworth-Mas	Harold MS	Hasson HC	Local Arrangement
Seascale	9:30 am	St Cuthbert Patronal HC / @Ang	Kilworth-Mas @MC	Anglican HC / @MC	K Saunders @MC	Anglican HF / @MC	@ Cleator Moor @MC / 3:00 pm	Anglican HC / @MC	A Bounds @MC	Benefice Service tbc	Anglican HC / @StC	Remembrance REM / @StC	Anglican HC / @StC	K Saunders @StC
Seascale		Circuit Service @MC / 3.00 pm												
United Church	11:00 am	Smeaton	Hasson	Reynolds	Local Arrangement	Smeaton	@ Cleator Moor 3:00 pm	A Bounds	Local Arrangement	Wilson L	Smeaton	Rayson	Kendall	Skinner
Xtreme FX	10:15 am	Xtreme FX meets each Sunday at Shackles Off												
Zoom Church	7:00 pm		Faith and Fellowship		Phoenix Praise		Faith and Fellowship		Phoenix Praise			Faith and Fellowship		Phoenix Praise